

# A Blueprint for Aging

*I feel overwhelmed. Mom has so much stuff. Where do I start?*

*I don't want my kids to have to take care of me? What can I do now to make it easier on them?*

*I think Dad has dementia. Where do I go for help?*

*Most of us recognize the need for a will, but what other legal matters particularly associated with aging?*

*How do we know when it's time to get in-home help: what are the signs to look for?*

*Mom can't live alone anymore and will be released from the hospital tomorrow. What do I do?*

**Village University**  
**Sunday mornings April 3<sup>rd</sup> - June 5<sup>th</sup>**  
**10:45am - 12:00pm**

## CLASS SCHEDULE:

DATE	Speaker	Class Title
April 3	Joyce Sjoberg	What are the 10 signs to start "That" conversation?
April 10	Cherie Henry/Diane Delaney	What to Look for When Looking for a Retirement Community or Adult Care Home – What are the costs?
April 17	Katie Koerper/Barbara Crawford	Staying In Your Home: How to get the help you need
April 24	Becky Wehrli	I don't need Long-term Care Insurance, or do I?
May 1	Julie Meyer-Rowett	Planning for Your Estate and Review of Senior Resources
May 8	Mother's Day	
May 15	Beth Giles	Daring to downsize whether you are moving or staying
May 22	Lynn Mattecheck	Current Housing Market – Selling your Home
May 29	Memorial Day	
June 5	Sandra Millius	Settling an Estate? Helping to Downsize? Help is on the Way!



NW Retirement Professionals is a network of businesses that specialize in serving older adults and people planning for retirement. From planning your future to downsizing your home to finding healthcare options and everything in between, we are the experts you can rely on every step of the way.